

“We used to be happy, but my husband started to control what I wore, who I saw and where I went. He said he was just worried about me, but I felt trapped and scared. He never hit me, so I didn't think I was being abused.”

Joanne – victim of domestic abuse



Are you concerned about an adult in Gateshead?

Please contact Adult Social Care Direct
www.gatesheadsafeguarding.org.uk
0191 433 7033.

If it's an emergency always call 999.

